Knowing your personality type and temperament may help you choose a college major, in addition, follow these steps before selecting a major:

1. Gather information about yourself with assessment of your interests, skills, abilities and personality type.
2. Collect information on majors and how they relate to career pathways.
3. Organize the information you have collected and compare your options.
4. Narrow your options to those that your interests, skills, abilities and personality type.
5. Declare your major!